



Golf the Health

By MAO YU SHENG

Hardcover. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Hardcover. Pages. Number: 141 Language: Simplified Chinese Publisher: Hunan Literature and Art Publishing House; 1st edition (September 1. 2011). Health Golf: golf injury prevention content Description: golf injury. the incidence of high . contrary to the expectations of the people. However. the vast majority of damage is completely avoidable. Healthy golf: golf injury prevention and control using a large number of case studies in the manner described. illustrates the error of the game of golf injury from cognitive error to the training. from technology to the physical training of the swing from the preparations to organize the activities. a comprehensive analysis of the causes of sports injuries. diagrams of the treatment methods of operation and preventive measures. Four Satisfaction guaranteed, or money back.



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