



## Touch The Ocean: The Power Of Collective Emotions (Paperback)

By Lmt Cst-D James Nemec

CRANIOCEAN MEDIA, United States, 2007. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book. Nemec considers mankind s power to heal itself and the planet, or, on the other hand, of the power to create massive damage via human error and the weather, which is treated here as natures safety valve to release collectively suppressed emotional steam. Along the way, he discovers a new guiding spirit. Publisher Comments Discover the ocean, Your Ocean! The Award Winning, TOUCH THE OCEAN: THE POWER OF OUR COLLECTIVE EMOTIONS, by celebrated craniosacral therapist, James Nemec, narrates compelling stories of heart centered presence and ocean healing. He explores the history of craniosacral, mind altering connections with dolphins, and with our environment. Upledger Institute certified, Nemec combines science and intuition to heal individuals previously considered beyond help. Capturing the moment-by-moment details of his ocean sessions, he learns how to participate with nature and touch the ocean. The case studies provide a new guiding spirit for us all to navigate the ocean, sky, and the energies of our collective conscious. Are our bodies oceans in miniature? Can one light touch change the world? At the end, the author turns the book upside down, challenging...



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